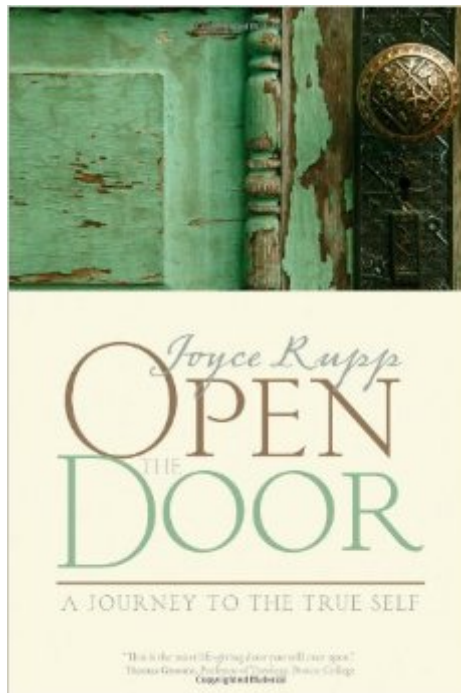


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# Open The Door: A Journey To The True Self



## Synopsis

The long-awaited book from best-selling spiritual guide Joyce Rupp, creatively leads readers to explore how the image of the door can guide them in a process of discovering their true self. Joyce Rupp brings new life to the ageless spiritual image of the door, weaving insights from East and West with the wisdom of contemporary spiritual writers, poets, and novelists in a practical format that is just right for contemporary readers. Structured as a daily prayer guide for everyday use over six weeks, each day offers a thematic reflection, a guided meditation, an original prayer, a thoughtful question, and a related scripture quote. A built-in guide for small groups makes this the perfect resource for groups of all kinds as well as individuals.

## Book Information

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (63 customer reviews)

Best Sellers Rank: #66,217 in Books (See Top 100 in Books) #117 in [Books > Religion & Spirituality > Worship & Devotion > Meditations](#) #140 in [Books > Religion & Spirituality > Worship & Devotion > Prayer](#) #217 in [Books > Christian Books & Bibles > Worship & Devotion > Meditations](#)

## Customer Reviews

I began this book just as we had said good bye to our dear son-in-law for his deployment to Iraq. Our lives were filled with sadness and worry. Joyce's book offers hope, possibilities, and openness to change. What lies ahead, none of us knows. Her continuous theme of being open to adventures that are part of change filled me with hope. The analogy of the door is all encompassing: the door to our hearts (first) and then the doors to opportunities. I must embrace the changes that are just on the other side of the door. Joyce reminds us through her stories, poem, and suggestions for reflection that possibilities are endless if we are open to them.

This is one of the most eye-opening books hat I have read in recent years. It must be read quietly

and meditatively so take your time when you read it. There is much richness and food for thought in this book.

It has taken me some time to pray through this book. I find it sometimes takes me three days to work through one day. (\*: I am just finishing Week 4, and have learned things about myself, though I am old enough to know myself quite well! I enjoy Sr. Joyce Rupp's sharing her personal life experiences which help me see my own life experience through different facets. I often have seen God's hand work through her writings, and to me, this is one of her best! I am definitely blessed by this book and recommend it for spiritual growth.

Joyce Rupp is not only a master at writing on spiritual topics but she lives them...and that is evident in this book especially through her sharings. I am using this book as a Lenten retreat with three different groups: 8 women on Tuesday mornings during Lent; 30 people on Mondays; 10 people on Sundays. Everyone is looking forward to our gatherings! Thank you, Joyce, for a book that opens all kinds of doors especially the door to the heart so that we can access our loving God!

I am using this book in a prayer group that I co-facilitate. This is a gem of a book for taking us deeper in our relationship with God and with ourselves and creation. It is written to be used as daily meditations - but we are using the book one meditation a week - and letting them soak in - being with them. Thanks be to God for Joyce Rupp - what an encourager in our Christian tradition.

Joyce Rupp has done it again. Her combination of Scripture, poetry and her good guidance can enable anyone to travel 'within' and companion his/her Spirit on their life's journey. Wonderful Joyce, thanks again. C

I am using this book with a group of 8 women. They pray with the material and then we meet once a week to discuss it and use the group sharing ideas in the back of the book. Would highly recommend it.

"Open the Door" by Joyce Rupp helped me dive deeper into my spiritual life. Her questions are keys to opening doors that may be stuck, may be difficult to open, doors that are hidden or avoided. For if you want to engage in a six week process that invites you to explore your inner worlds, this book is a must.

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